



# Chelmarsh Sailing Club



An Inspired Facility



## Taster Day Information Sheet

Thank you for enquiring about our Taster Day at Chelmarsh Sailing Club. We want you to enjoy your visit but realise that for some it may be a bit daunting and you may be feeling a bit apprehensive about sailing for the first time. The information below is intended to help you get the most from your visit. It is very unlikely that you will get wet but bring suitable clothing outlined below. A safety boat will be on the water. An experienced sailor will be in the large and stable dinghy to steer you through calm waters.

### **Clothing**

Wear warm and comfortable clothing. Several layers are best, tee-shirts, thin jumper or a sweatshirt is suitable. Thermal wear is ideal, tracksuit bottoms or cords are suitable too. A wetsuit is not essential but if you have one you may want to wear it. Avoid Cotton blouses or shirts, jeans, Arran jumpers and shorts (however knee length trousers are useful). Clothing dependant on wind and weather.

### **Footwear**

We recommend wearing trainers.

### **Windproof**

If you have a nylon anorak or windproof jacket wear it. Even in summer the weather can be wet and chilly.

### **Buoyancy aids**

A buoyancy aid is more appropriate for dinghy sailing than a life-jacket. Everyone is required to wear a buoyancy aid at all times whilst you are on the water and on the pontoons.

**Buoyancy aids are available FOC for your use.**

### **Valuables**

There are already sufficient pairs of spectacles and mobile phones at the bottom of the reservoir. If you wear glasses make sure they are tied on. Please leave money, mobile phones and other valuables somewhere safe. It is wise not to bring any unnecessary items of this nature with you.

It is not our intention to capsiz any of our visitors on the Taster Day but with a sport such as sailing are unfortunately sometimes unavoidable, so please ensure you bring a spare set of clothing with you – just in case. Hot showers are available so bring a towel too.

### **Refreshments**

There will be tea, coffee, biscuits and cordials available FOC throughout the day.

### **Courses and Membership**

We hope that following your visit will be encouraged to take up sailing. Chelmarsh Sailing club offers a number of Learn to sail courses for adults and juniors each year. If you wish to know more please ask about courses and membership during your visit or download the forms from the club website.

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