



GUIDE FOR STAFF HELPING BEGINNERS ON SATURDAYS

1. The Jaffa safety boat **must** be manned by 2 persons. If you are short then borrow a sailor.
2. Remember you are responsible for safety cover for **all** sailors. If the situation becomes unmanageable then postpone/cancel sailing for some/all.
3. If the safety boat crew wish a break then you should grab one of the sailors to help out. It is difficult to maintain safety cover if one or both of you are in the galley. Some of the learners have only been sailing a few days. They will struggle to cope with medium/heavy winds unless they are reefed and are capable. The easiest boats that can be reefed are the 5 Picos and it gives them the pleasure/excitement of sailing a single hander. The other club boats can be used. The fevas/lasers/toppers can be used as single handers. Lasers can be reefed by rolling the sail around the mast and removing the top batten. The Xenon and GP's can be used as double handers. Some of the GP's can be reefed. For easier fleet management all boats should be launched from the beach.
4. Set up a triangular course (windward, gybe, leeward). The best area for the triangle is just off the pontoons and the dam. Keep the triangle small (say 100m windward leg). Two buoys with rope are stored on the shore up the ramp from the committee boat. The 3rd buoy could be yellow 1 or 2. Use a left handed or a right handed triangle depending on the wind direction. Good fleet management is keeping the fleet in the triangle. It is difficult to manage the fleet if they are free to sail anywhere.
5. The learners need consolidation sailing. Give them basic instruction without fancy technical words. Loop a rope around a mark, turn the engine off and issue some tips. It is difficult for learners to hear if the engine is on or the sail is flapping. Try not to shout and give them praise as well. The tannoy in the training room can be used.
6. Use sound signals. There should be a whistle in the folder. Remember to return it for the staff next week. For all boats to go ashore use three or more whistles. The pontoons could be used for temporary mooring if they have a painter.
7. The beginners have access to this file on our website and there will be a hard copy of this document in a yellow folder and there is a pink beginner's guide in the cabinet at the main door. Ask them to read it before launching. Saves you doing a briefing.
8. Thank you for helping.

Feedback on this is welcome by contacting me at the club on Wednesdays or Sundays or at gordon.bissett@btinternet.com