

Chelmarsh Sailing Club

Safety on the Water

Safety on the water starts with us all as sailors. We each make the decision to sail based on our experience, health, familiarity with the boat we are sailing and the weather conditions and accept that we do so entirely at our own risk.

Sailors on the water are also responsible for each other's safety. For example, this can be a quick check to confirm that the sailors of a capsized boat are safe and in control of the situation.

Safety cover can be provided from one or more of the Club's power boats manned by a team of 2 people. It is the responsibility of the Officer of the Day, a Sailing Safety Officer or, in the absence of these, the sailors themselves, to determine the number of safety boats that should be on the water, based on the risks involved. Safety Boats should be manned by Appropriately Qualified people. Appropriately Qualified means that one of the team has completed Powerboat 2 or has been assessed by a power boat instructor as having adequate power boat handling skills.

In lower risk situations, Buddy Sailing may be adopted. This will depend on the number of boats and the sailors concerned but factors that impact on the risks include the sailor's experience, health, familiarity with the boat being sailed and the weather conditions.

The principals of Buddy Sailing are that the sailors must be capable of helping their buddy or, in emergencies, sailing to shore and driving a power boat out to help. Buddy Sailing requires:

- More than one boat on the water no boat may ever sail alone.
- Safety Boat to be moored to pontoon, fuelled and ready to use.
- Each sailor (in the case of single-handed boats) or a sailor in each boat (for double handed boats) to be Appropriately Qualified. This is so that each boat can be sailed back to shore to pick up the Safety Boat, if required.
- All boats to sail in the same area of the lake, so they are able to monitor each other closely.

Buddy sailing is not appropriate in heavy winds because the risk of capsize or injury is too high. Examples to illustrate the Buddy Sailing policy:

Buddy sailing appropriate	Buddy sailing not appropriate
2 experienced sailors sailing boats they	2 novice sailors – may not have the skills
are or are not familiar with in light or	to return to shore quickly or the
medium conditions	necessary powerboat skills
2 intermediate sailors, sailing boats	6 intermediate sailors in medium
they are familiar with in light or	conditions – risk of multiple incidents is
medium conditions	higher
A group of experienced sailors	2 experienced sailors sailing boats they
practicing their boat handling skills	are not familiar with in heavy conditions –
together in light to medium conditions	risk of injury or not being able to right a
	capsize is too high

Tel: 01746 861560 Email: <u>info@chelmarshsailing.org.uk</u> Training Centre