



Notice of Race & Sailing Instructions COVID-19 Protocols

**ILCA (Laser) Open Meeting
Saturday 9th October 2021**

1 RULES

- 1.1 Racing will be governed by The Racing Rules of Sailing 2021-24 and these Sailing Instructions.
- 1.2 Rule 40 will be changed as follows;
Adequate personal buoyancy must be worn by all competitors when afloat. Neither a wet-suit nor a dry-suit constitutes adequate personal buoyancy. Flag Y will not be displayed.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Notice Board located in the clubhouse or otherwise communicated to all competitors as the committee see fit.
- 2.2 A race briefing will be held at 10.30am
- 2.3 All visiting boats should be clean and dry for 48 hours before launching for control of Quagga Mussel.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be made at least 20 minutes before the start of the race on the day it will take effect, either verbally at the briefing or displayed on the Official Notice Board.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the Club flag pole located on the South side of the clubhouse.
- 4.2 When flag 'AP' is displayed ashore a subsequent warning signal will be not less than 15 minutes after the removal of the 'AP' flag.



5 SCHEDULE OF RACES

5.1 Date of racing: Saturday October 9th, 2021

5.2 Number of races:

Date	Race	Time of warning signal
9th October	Race 1	Not before 11:00, Races 2 and 3 to follow

5.3 The Race Officer may alter this schedule depending on the weather forecast.

5.4 After a long postponement, an orange flag will be displayed with one sound signal at least one minute before a warning signal is displayed to alert boats that a race or sequence of races will begin.

5.5 All rigs will start together in a handicap race.

6 CLASS FLAGS

6.1 Class flag will be decided at the briefing.

7 RACING AREAS

7.1 The Race Area will be the `Chelmarsh Reservoir, Hampton Loade, Bridgnorth, Shropshire.

8 THE COURSES

8.1 The course and number of laps will be displayed on the stern of the Committee boat prior to the first warning signal

9 MARKS

9.1 The course marks will be inflatable buoys. During the briefing the numbering system will be explained.

10 AREAS THAT ARE RESTRICTED

10.1 There are no restrictions

11 THE START

11.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal.

11.2 The starting line will be between the mast of the Signal Boat flying an orange flag and a mark of the course.

12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 The race committee may change a leg of the course. This will be achieved by displaying the new course on the committee boat which will give a repetitive sound signal and fly flag "C". This changes rule 33.

13 THE FINISH

13.1 The finishing line will be between the mast of the Committee Boat displaying a blue flag and a nearby mark of the course.



14 PENALTY SYSTEM

14.1 The scoring penalty, rule 44.3 will not apply.

15 TIME LIMITS

- 15.1 The time limit is 90 minutes. When the first boat finishes within the last 20 minutes of that time, the Time Limit will be extended to 20 minutes after the finishing time of the first boat. No boat shall finish after the expiry of the time limit. This changes rules 35, A4 and A5.
- 15.2 If no boat has passed the first mark of the course within 30 minutes the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.3 A tail-end boat that has lost contact with the body of the fleet may be informed on the water, towards the end of the race, that she need not complete that lap, but may return to the starting area for the start of the next back-to-back race. An appropriate finishing position will be recorded by the Race Committee. Failure to take advantage of this provision may result in any following back to back race being started before that competitor has returned to the starting area. This shall not be the basis for a redress request under rule 62(a). This alters rule 35.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 The Exoneration Penalty and RYA Arbitration of the RYA Rules Disputes Procedures will be available. See the Official Notice Board for details.
- 16.2 A boat intending to protest shall conspicuously display a red flag as required in rule 61.1(a), this changes rule 61.1(a) (2).
- 16.3 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.4 The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located in the clubhouse. Times will be displayed on the Official Notice Board.
- 16.6 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.7 Breaches of instructions 1.2 or 18 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a penalty imposed under this instruction will be DPI.
- 16.8 A request for reopening a hearing shall be delivered within the protest time limit if the party requesting reopening was informed of the decision on the previous day.
no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.



17 SCORING

- 17.1 1 race is required to be completed to constitute a series
- When fewer than 3 races have been completed, a boat's series score will be the total of her race scores.
 - When 3 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

- 18.1 A boat that retires from a race shall notify the race committee as soon as possible.

19 ENTRIES & REGISTRATION

- 19.1 You may enter on the day. Entry forms are available on the day. The entry fee is £15 plus £5 for lunch, hot drinks and cake.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection. Replica rigs may be used.

21 OFFICIAL BOATS

- 21.1 Official boats will be marked / identified as appropriate. This will be defined during the race briefing.

22 RADIO COMMUNICATION

- 22.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23 PRIZES

- 23.1 Prizes and trophies will be given as follows:
- To the first 3 boats
 - In addition other prizes may be awarded at the discretion of the organisers.



24 RISK ASSESSMENT

- 24.1 Rule 4 of The Racing Rules of Sailing states: "*The responsibility for a boat's decision to participate in a race or to continue racing is hers alone*"
- 24.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - b) They are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore;
 - c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

25 INSURANCE

- 25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or the equivalent and competitors shall sign a declaration to that effect when registering.