



## Chelmarsh Sailing Club Risk Assessment: SUPping

Date of Assessment: 17-May-20

Assessed by: Dave Partridge, Linda Harrison

Area of Assessment:

Stand Up Paddleboard (SUP)

|            |   |                    | SEVERITY of HARM (S)                        |   |  |   |   |
|------------|---|--------------------|---|---|--|---|---|
|            |   |                    | 1<br>Minor<br>harm<br><i>(minor injury)</i> | 2<br>Slightly<br>harmful<br><i>(incapacitated<br/>for up to 3<br/>days)</i> | 3<br>Harmful<br><i>(incapacitated<br/>for over 3<br/>days)</i> | 4<br>Major<br>harm<br><i>(eg loss of<br/>sight, broken<br/>limbs)</i> | 5<br>Extreme<br>harm<br><i>(fatality or<br/>fatalities)</i> |
| LIKELIHOOD | 1 | Highly<br>unlikely | 1   | 2   | 3  | 4   | 5   |
|            | 2 | Unlikely           | 2   | 4   | 6  | 8   | 10  |
|            | 3 | Possible           | 3   | 6   | 9  | 12  | 15  |
|            | 4 | Likely             | 4   | 8   | 12   | 16  | 20  |
|            | 5 | Highly<br>likely   | 5   | 10  | 15   | 20  | 25  |



# Chelmarsh Sailing Club

| Activity     | Hazards        | Before Control Measures |          |      | Control Measures in Place   | After Control Measures |          |      | Further Action Required?   | Related procedures      |
|--------------|----------------|-------------------------|----------|------|---|------------------------|----------|------|----------------------------|-------------------------|
|              |                | Likelihood              | Severity | Risk |   | Likelihood             | Severity | Risk |                            |                         |
| SUP          | Drowning       | 2                       | 5        | 10   | User must wear board tether, PFD for all training and buddy SUP<br>No lone paddling<br>SUP Training required prior to access to water   | 1                      | 4        | 4    | No                         | SUP Operating Procedure |
| SUP          | Hypothermia    | 2                       | 4        | 8    | Wetsuit or dry suit to be worn between September and 31st March (water temp below 12'C)<br>Warm showers available in club house<br>Grab bag with blankets etc - by carpark door | 1                      | 4        | 4    | Thermometer for water temp | SUP Operating Procedure |
| SUP          | Hyperthermia   | 1                       | 4        | 4    | SUP Training required prior to access to water  | 1                      | 4        | 4    | No                         | SUP Operating Procedure |
| SUP          | Head injuries  | 2                       | 4        | 8    | No paddling standing up in shallow water<br>No launching from pontoon<br>SUP Training required prior to access to water   | 1                      | 4        | 4    | Add pontoon issue to SOP   | SUP Operating Procedure |
| SUP          | Crush injuries | 1                       | 3        | 3    | No launch from pontoons   | 1                      | 3        | 3    | No                         | SUP Operating Procedure |
| SUP          | Cut feet       | 2                       | 3        | 6    | SUP users to wear footwear to launch area, barefoot on boards is permitted  | 1                      | 3        | 3    | No                         | SUP Operating Procedure |
| SUP Training | All above      | 2                       | 5        | 10   | Only Qualified SUP Instructors<br>Training ratios as SUP SOP  | 1                      | 4        | 4    | No                         | SUP Operating Procedure |



# Chelmarsh Sailing Club

| Activity    | Hazards           | Before Control Measures |          |      | Control Measures in Place   | After Control Measures |          |      | Further Action Required? | Related procedures      |
|-------------|-------------------|-------------------------|----------|------|---|------------------------|----------|------|--------------------------|-------------------------|
|             |                   | Likelihood              | Severity | Risk |   | Likelihood             | Severity | Risk |                          |                         |
| Lone SUPing | Lone SUPing       | 3                       | 5        | 15   | Lone SUP is not permitted under any circumstances   | 0                      | 5        | 0    | No                       | SUP Operating Procedure |
| General     | Medical Emergency | 2                       | 5        | 10   | Buddy SUP must have mobile phone with them in waterproof bag<br>See SUP operating procedure | 2                      | 5        | 10   | No                       | SUP Operating Procedure |