



SUP Membership

Welcome to new Stand Up Paddleboard (SUP) members, we hope this sheet of FAQ helps!

Membership

How long is membership?

Membership can be bought on an annual basis or monthly. Monthly membership is available. Payment must be made by direct debit, **not Paypal**.

Prices for membership can be found here:

<https://webcollect.org.uk/chelmarsh/subscription>

There are three routes to membership.

- Member must be in possession of a recognised SUP qualification to the minimum standard of the Walk on Water (WoW) Course. Or
- Member has completed a WoW Course. Or
- Potential untrained but competent members can join. Membership will be put on hold until paddling abilities can be witnessed by an experience member of the SUP club.

All New members must also agree, via a Web collect declaration during joining, to:

- Only paddle when accompanied by a competent adult paddler (Buddy rules to mitigate lack of self rescue),
- They know the basic paddling techniques, forwards, backwards turning around
- Can Paddling kneeling down,
- Can Paddling standing up,
- Will follow Club and SUP Safety rules

This will ensure that all members have been trained on self-rescue and given a sufficient safety brief regarding the location.

You can cancel membership by cancelling your direct debit. A courtesy email and reason for leaving to the Membership Secretary would be appreciated chelmembs@gmail.com

Do SUP members have a voice on Chelmarsh Sailing Club Committee?

Members are represented on the sailing club committee by SUP leads (and are welcome to attend meetings)
Associate members are not voting members of the sailing club.

What does membership cover?

Membership for one adult covers the following:

- Use of the clubhouse changing rooms and showers
- Use of lockers for valuables under the main stairs (please ensure you return the keys!)
- Members can sign up for any sailing club courses (and receive membership discount where applicable) and are welcome at all social events.
- Use of Club Equipment such as Polo equipment or Mega SUPs when an instructor is present to get the equipment out of the container.
- SUP membership is an Associate membership so you are not entitled to use sailing boats or rescue boats etc except on courses or as part of any duties you undertake.
- Access to the reservoir for paddleboarding.
- Members can bring a guest, see "can I bring a guest?" below.

Please note: the use of club equipment is limited to when volunteer instructors are present. This can be very limited; we advise that you have your own equipment, see "Do I need board insurance?" below. Request to use club equipment can be made through the Closed Facebook group at least 48hrs prior to your session, but availability of instructors is not guaranteed.

<https://www.facebook.com/groups/418941692364989/>

Can I bring a guest? You can bring 1 guest per member at a cost, booked via WebCollect. Each member can bring a guest a maximum of 4 times per year. The member is responsible for the guest and must brief them on the safety rules. Host MUST ensure guest:

- Only paddles when accompanied by a competent adult paddler (Buddy rules to mitigate lack of self rescue),
- They know the basic paddling techniques, forwards, backwards turning around
- Can Paddling kneeling down,
- Can Paddling standing up,
- Will follow Club and SUP Safety rules

Do I have to do anything for the club?

We are a members only club led and run entirely by volunteers. It is an expectation of membership that members will volunteer on an "as and when" basis to help with running events, kit maintenance, grounds and clubhouse maintenance. It is understood that some people can give more time than others, but something is better than nothing.

Communications

How do you get a group together to SUP?

There are 2 Facebook groups, an open one and a closed one. Please apply to join the Closed Facebook group. That is where you will find out about social events and get together. Closed Facebook page is only open to paid up members.

You can also use the closed page to look for a buddy.

Link to Closed Facebook Group:

<https://www.facebook.com/groups/418941692364989/>

What other ways are there of keeping in touch?

There is a club newsletter TGIF (Thank Goodness It is Friday) sent to all Chelmarsh members on email each Friday, this includes sailing SUP, swim and social news. It can also be used to sell boards or boats internally in the club.

It helps as occasionally there are events where more care and attention maybe required so all can enjoy use of the facilities.

Get on the distribution by sending an email, entitled TGIF list to:

admin@chelmarshsailing.org.uk. Add admin@chelmarshsailing.org.uk to your safe sender and recipient list to ensure it doesn't end up in junk/spam.

Boards

How much is board hire?

Board hire needs to be arranged 48hrs in advance through the closed Facebook Group Page as the container is locked. Boards can be paid for via Webcollect, as use of club boards and PFDs requires a volunteer instructor or coach on site, it cannot be guaranteed.

We advise that as a member or guest that you have your own equipment which must have 3rd party insurance.

<https://webcollect.org.uk/chelmarsh/event/boat-and-sup-hire>

Can I use my own board at Chelmarsh?

Yes.

See "Do I need board insurance?" below

If you use your paddleboard elsewhere it must be cleaned and dried 48hrs before using at Chelmarsh to prevent the spread of invasive species.

Do I need board insurance?

Yes.

All club boards carry third party insurance but you need your own insurance if you bring your own board. Insurance must be for 3rd party liability to minimum of £3million. A cost effective way of getting this is through canal/river licence or membership of SUP National bodies, ensure it covers privately owned inland reservoirs.

Can I leave my own board at Chelmarsh?

No. The container is full of club boards.

Activity

- What safety rules are there? The essence of SUP is simplicity, so we have only a few basic safety rules. See Standard Operating Procedures (SOP) here: <https://chelmarshsailing.org.uk/sup/2022%20SUP%20SOP.pdf>
- Are there rules for paddling with children? There are specific rules for paddling with children. The rules for children are outlined in the SOP which can be found here: See Standard Operating Procedures (SOP) here: <https://chelmarshsailing.org.uk/sup/2022%20SUP%20SOP.pdf>
- How often do people meet to SUP? There are Social Paddles most Friday evenings and Saturday lunchtimes from April to September. These are advertised within the Closed Facebook Group.
Link to Facebook Group: <https://www.facebook.com/groups/418941692364989/>
- Do you run courses? There are courses on many Saturdays through the summer and can be booked here: https://chelmarshsailing.org.uk/learn_to_sup.html
- Can I paddle anywhere on the reservoir? At the WoW course you will be told about the rules around lake usage. See SUP SOP for further details: <https://chelmarshsailing.org.uk/sup/2022%20SUP%20SOP.pdf>
- Can I swim while I am at the reservoir. No. Swimming is restricted to the Open Water Swimming sessions on Thursday evenings or Saturday mornings.
To swim you need to be a member of NOWCA.

Key Info

- How do I get into the club house? Key code will be sent in covering e mail for the rear door, always ensure the clubhouse is left securely locked and close the wooden gate when exiting the grounds.

SUP Captain: Dewi Pennell
Deputy SUP Captain: Nicola Downing
SUP Admin: TBC

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