



## Chelmarsh Sailing Club Risk Assessment: SUPping

Date of Assessment: 17-May-20

Assessed by: Dave Partridge, Linda Harrison

Area of Assessment:

Stand Up Paddleboard (SUP)

			SEVERITY of HARM (S)				
			<b>1 Minor harm</b> <i>(minor injury)</i>	<b>2 Slightly harmful</b> <i>(incapacitated for up to 3 days)</i>	<b>3 Harmful</b> <i>(incapacitated for over 3 days)</i>	<b>4 Major harm</b> <i>(eg loss of sight, broken limbs)</i>	<b>5 Extreme harm</b> <i>(fatality or fatalities)</i>
LIKELIHOOD	<b>1</b>	<b>Highly unlikely</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>2</b>	<b>Unlikely</b>	<b>2</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>10</b>
	<b>3</b>	<b>Possible</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>12</b>	<b>15</b>
	<b>4</b>	<b>Likely</b>	<b>4</b>	<b>8</b>	<b>12</b>	<b>16</b>	<b>20</b>
	<b>5</b>	<b>Highly likely</b>	<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>



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Activity	Hazards	Before Control Measures			Control Measures in Place	After Control Measures			Further Action Required?	Related procedures
		Likelihood	Severity	Risk		Likelihood	Severity	Risk		
SUP	Drowning	2	5	10	User must wear board tether, PFD for all training and buddy SUP No lone paddling SUP Training required prior to access to water	1	4	4	No	SUP Operating Procedure
SUP	Hypothermia	2	4	8	Wetsuit or dry suit to be worn between September and 31st March (water temp below 12'C) Warm showers available in club house Grab bag with blankets etc - by carpark door	1	4	4	Thermometer for water temp	SUP Operating Procedure
SUP	Hyperthermia	1	4	4	SUP Training required prior to access to water	1	4	4	No	SUP Operating Procedure
SUP	Head injuries	2	4	8	No paddling standing up in shallow water No launching from pontoon SUP Training required prior to access to water	1	4	4	Add pontoon issue to SOP	SUP Operating Procedure
SUP	Crush injuries	1	3	3	No launch from pontoons	1	3	3	No	SUP Operating Procedure
SUP	Cut feet	2	3	6	SUP users to wear footwear to launch area, barefoot on boards is permitted	1	3	3	No	SUP Operating Procedure
SUP Training	All above	2	5	10	Only Qualified SUP Instructors Training ratios as SUP SOP	1	4	4	No	SUP Operating Procedure



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Lone SUPing	Lone SUPing	3	5	15	Lone SUP is not permitted under any circumstances	0	5	0	No	SUP Operating Procedure
General	Medical Emergency	2	5	10	Buddy SUP must have mobile phone with them in waterproof bag See SUP operating procedure	2	5	10	No	SUP Operating Procedure